



Cumbria Scouts 2021 & The Cumbria Award

Welcome Back

On behalf of the Cumbria Scout Programme Team we are delighted that the future is looking brighter and we are hopeful for a 'forever' return to Face to Face Scouting following all the uncertainty that the last few months has brought!

We know for many this period has been uncertain. For some, Scouting may have been your lifeline and favourite part of the week, whilst for others it may well have been the last priority in your life. However big or small your contribution was during the months passed, we want to say thank you to you for whatever you have done and Thank You for agreeing to come back and help provide scouting in Cumbria once again.

Enclosed with this pack is your very own Cumbria Scouts Welcome Back Badge. We hope you will wear this with pride on your uniform as an occasional badge to celebrate all the things that have happened throughout lockdown!

Badges

Also enclosed with this pack are badges for the section(s) you are responsible for, which we hope you will be able to hand out to your young people soon after your return to face to face meetings. Eddie Ward as County Commissioner has agreed this can be worn as an occasional for 12 months after the return of your section.

The Cumbria Award

As a County we want to celebrate the amazing programme that will be offered across the county as well as promoting new ideas and providing interesting new ideas for your section(s).

The idea of the award is that everyone can participate, with participation being self-judged within your section. This will ensure that the challenge is big enough for each participant whilst minimising the barriers to joining in.

The award has 7 sections and can be completed in as long or as short time as needed during 2021, provided they are completed during face-to-face sessions.

At the end of November 2021 you will be asked to tell us some of the activities you have been up to along with how many finisher badges you require. We hope these will be delivered to you at the start of 2022.

Badges are being provided by Cumbria Scouts free of charge to all groups as a way of celebrating the overcoming of adversity as well as a bright future in scouting.



Award Areas

To complete the award each participant either youth or adult will need to complete an activity in each award area! We are leaving these open to interpretation to ensure that everyone is able to join in in their own way!

- C** - Cumbria
- U** - Under
- M** - Mountain
- B** - Backwards
- R** - Roll
- I** - Invent
- A** - Away

Included with this pack is a selection of ideas for each area to help get you started but they are by no way an exhaustive list. We are really looking forward to seeing your ideas.

C - Cumbria

Explore a Cumbrian Place

Research something about Cumbria

Climb one of Cumbria's many mountains and hills

Make your own Cumberland Sausage

Learn to speak one of the many Cumbrian dialects

Do an activity in Cumbria

Promote Cumbria to a Scout Group not from Cumbria

Go Geocaching in Cumbria

Make up a song about Cumbria

Make a promotional video about Cumbria for visitors

Swap activities with a group not from Cumbria

Learn about Scouting in another part of Cumbria

Learn about Scouting that happens outside of Cumbria

U - Under

Make an obstacle course and go 'under'

Go 'Down Under' and learn about scouting in Australia

Learn about wildlife that lives underwater

Learn about wildlife that lives underground

Go underground

See how many things you can find under a tree

Build a shelter to hide under

M - Mountain

Climb a mountain (or a hill)

Tackle a mountain of rubbish and sort it for recycling

Learn about the highest mountains in Cumbria, the UK and around the World

Learn about a famous Mountaineer

Try some Kendal Mint Cake (a common snack in the mountains)

Make a poster about how to keep our mountains clean

Do a litter pick on a mountain

Use maps to learn about contour lines and how they show mountains and hills

Make your own mountain using junk

Climb a mountain of stairs and see who can climb the highest

B - Backwards

Have a backwards evening

Cook a meal and eat it backwards

Have a backwards race

Write letters to another colony, pack, troop or unit backwards

R - Roll

Roll an egg down a hill

Race a rolling egg or a ball down a hill

Make a bacon roll on a homemade stove, open fire or stove

Roll down a grassy hill

Play different games that need you to roll a dice

Have a ball rolling competition to see who can roll it the furthest

Roll out some dough and make pizza

Use a rolling pin to bake biscuits or other treats

Make Jam Roly-Poly and custard to share

See how far you can roll a Hula Hoop

Roll up some newspaper and use it as a hockey stick

I - Invent

Invent something new to solve a problem you have at home

Design a space invention

Invent a new game to play at your colony, pack, troop or unit

Design and invent something to solve a problem in your local area

Invent the perfect campsite

Using a cardboard tube turn it into as many things as possible

A - Away

Go away from your usual meeting place

Find out about scouting from far away

Create paper planes and let them fly away

Take away some litter from a local area

Raise funds for a cause helping people from far away

Find a-way to be as helpful as possible in your community

Imagine you've been cast away – what 10 things would you want with you?