



Scout Hill Walking – A Quick Check List & Reference Chart



Sort out	In detail	Reference Rule / Factsheet	Decision / Action	Enter / Sign off
Initial Planning	General: all activities must be undertaken within the Rules of the Association	2.3 9.1	Responsibility acknowledged	
	Terrain: 3 categories of Terrain – T0, T1, T2	9.28 to 9.30 FS120418	Decide which Terrain your proposed walk is in	
	Appropriateness: the activity MUST be appropriate to the age, ability, experience & training of ALL participants	9.2	The proposed route(s) are appropriate for ALL the expected party members	
	Authorisation: hill walking in T1 and/or T2 requires authorised leadership	9.7, 9.26 FS120418 FS120416	Authorised leader(s) to the relevant level are available no authorisation, no activity	
	Approval: all hill walking requires the DC's approval	9.1, 9.2	DC's approval sought DC's approval given	
Forward Preparation	Training: pre-trip training should include, as appropriate: map & compass work, practice hikes, emergency procedures, tent pitching, menu planning & cooking, etc	9.2	Appropriate training planned into programme Appropriate training undertaken	
	Parental Involvement: parents must be briefed, and give their consent	FS120081	Parental briefing given Consent forms issued Consents received	
	Home Contact: a Home Contact is required (preferably with knowledge of hill walking) – must not be related to any party member – someone must be available 24/7	9.2, 9.3 FS120078	Home Contact appointed & briefed Parents given Home Contact details Home Contact given party list etc	
	Transport: <i>if necessary</i> consider mini-bus regulations, need for a permit, and/or use of trailer	14.10 FS120000	Are vehicles suitable? Is a driver also an activity leader?	
	Accommodation: <i>if over-nighting</i> the Nights Away Scheme applies in respect of 'base-camp' accommodation	9.55 to 9.62 FS120432 FS120434 FORM NAN	Nights Away permit holder available Nights Away notification submitted	
The Route(s)	Route Cards: are required and must contain specified information: copies must be carried and left	9.27 FS120409	Route Cards prepared All information recorded Copy/ies left locally	
	Alternative(s): alternative route(s) and/or activities for bad weather should be prepared		Bad weather alternatives planned	
Equipment	Personal: provide kit list, then demonstrate & check suitable clothing & equipment	9.2	Kit list provided, kit demonstrated Party members' kit checked (allow time to rectify deficiencies)	
	Group: make list, carry suitable items	9.2	List checked & gear packed (think about confidence rope, tents, stoves, first aid kit, kissues, spare food & clothing)	

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<i>Planning for</i>	Party Dynamics: consider party make-up and number of authorised (or designated) party leaders required <i>If</i> remote supervision is to be exercised, leader must be appropriately authorised	9.32 FS120418 FS120416	max party size is 7, min party size is 4 <i>(special case: 8 with 2 authorised leaders)</i> Parties allocated Leader(s) named an “Authorised to supervise” leader must be in the immediate locality, and may supervise a maximum of 3 parties (including the one he is with)	
	The Weather: <i>relevant</i> weather forecast required, and may need updating Winter? Leader(s) <i>must</i> be winter authorised, and winter specific equipment carried	9.27 FS120409 FS120418	Current “summit” forecast obtained Updating arranged Leader(s) are Winter authorised – and winter group equipment is packed	
	Possible Emergencies: a risk assessment must be carried out, Emergency Cards carried, and escape routes planned	9.4 FS120000 9.27 FS120077 9.27 FS120409	Risk assessment completed Emergency Cards issued Escape routes on route cards	

Definitions

Terrain Zero (T0) describes terrain “below” Terrain One, and is not hill walking country (though the DC’s approval for activities is still required, either specifically or under general local arrangements).

Terrain One (T1) describes terrain which meets **any** of the following criteria: it is below 800 metres but more than 500 metres above sea level **or**; it is more than 30 minutes but less than three hours travelling time from a road which can take an ordinary road-going ambulance **or** a building which is occupied (such as a farm) **or** another means of calling help (such as a telephone box). In addition, although the route may pass through rough or rocky ground, there must be no scrambling.

Terrain Two (T2) describes terrain which meets **any** of the following criteria: it is over 800 metres above sea level **or**; it requires an element of scrambling **or**; it lies more than three hours travelling time from a road which can take an ordinary road-going ambulance **or** a building which is occupied (such as a farm) **or** another means of calling help (such as a telephone box).

Scrambling - those routes or areas where the average Scout or leader would need to use their hands at least for balance if not for actual progress. This does not stop people from using their hands as an aid to confidence. The leader of any party on a scrambling route must be fully conversant with the use of a confidence rope and be able to offer sound help and advice to a nervous participant. Every member of the party should have previous hill walking experience and, if a difficult scrambling route is being attempted, experience of easier routes.

Winter means when winter conditions, including snow and ice, prevail or are forecast; this cannot be defined by a portion of the year. Summer means any condition not covered under “winter”.

The Main Hill Walking Rules (see POR) & Factsheets (see ScoutBase)	
Rule 2.3 Responsibilities within the Safety Policy	Rule 9.9 Use of Professional Centres and Instructors
Rule 9.1 Activity Rules – Application	Rule 9.26 Hill Walking ... Authorisation
Rule 9.2 Preparations	Rule 9.27 Hill Walking ... Safety
Rule 9.3 Home Contact	Rule 9.28 Terrain Zero Definition
Rule 9.4 Risk Assessment	Rule 9.29 Terrain One Definition
Rule 9.5 Emergency Procedure	Rule 9.30 Terrain Two Definition
Rule 9.7 Adventurous Activities Authorisation Scheme	Rule 9.31 Hill Walking ... Transitional Arrangements
Rule 9.8 Adult Groups in Adventurous Activities	Rule 9.32 Party Size
FS120000 Risk Assessment	FS120409 Route Plan
FS120002 Authorisations	FS120415 Mountaineering with Scouts
FS120077 Emergency Card	FS120416 Application-Authorisation for Hill Walking
FS120078 Home Contacts	FS120417 Mountain Advisers and Assessors
FS120081 One Day Activity Form	FS120418 ... Authorisation schemes for {hill} activities
FS120087 Adult Groups in Adventurous Activities	FS129999 Safety in Scouting: Safety Checks